

| Braden QD Scale | | | | |
|--|--|---|--|-------|
| Intensity and Duration of Pressure | | | | Score |
| Mobility The ability to independently change & control body position | 0. No Limitation Makes major and frequent changes in body or extremity position independently. | 1. Limited Makes slight and infrequent changes in body or extremity position OR <u>unable</u> to reposition self independently (includes infants too young to roll over). | 2. Completely Immobile Does not make even slight changes in body or extremity position independently. | |
| Sensory Perception The ability to respond meaningfully, in a developmentally appropriate way, to pressure-related discomfort | 0. No Impairment Responsive and has no sensory deficits which limit ability to feel or communicate discomfort. | 1. Limited Cannot always communicate pressure-related discomfort OR has some sensory deficits that limit ability to feel pressure-related discomfort. | 2. Completely Limited Unresponsive due to diminished level of consciousness or sedation OR sensory deficits limit ability to feel pressure-related discomfort over most of body surface. | |
| Tolerance of the Skin and Supporting Structure | | | | |
| Friction & Shear <i>Friction:</i> occurs when skin moves against support surfaces <i>Shear:</i> occurs when skin & adjacent bony surface slide across one another | 0. No Problem Has sufficient strength to completely lift self up during a move. Maintains good body position in bed/chair at all times. Able to completely lift patient during a position change. | 1. Potential Problem Requires some assistance in moving. Occasionally slides down in bed/chair, requiring repositioning. During repositioning, skin often slides against surface. | 2. Problem Requires full assistance in moving. Frequently slides down and requires repositioning. Complete lifting without skin sliding against surface is impossible OR spasticity, contractures, itching or agitation leads to almost constant friction. | |
| Nutrition <i>Usual</i> diet for age – assess pattern over the most recent 3 consecutive days | 0. Adequate Diet for age providing adequate calories & protein to support metabolism and growth. | 1. Limited Diet for age providing inadequate calories OR inadequate protein to support metabolism and growth OR receiving supplemental nutrition any part of the day. | 2. Poor Diet for age providing inadequate calories and protein to support metabolism and growth. | |
| Tissue Perfusion & Oxygenation | 0. Adequate Normotensive for age, & oxygen saturation $\geq 95\%$, & normal hemoglobin, & capillary refill ≤ 2 seconds. | 1. Potential Problem Normotensive for age with oxygen saturation $<95\%$, OR hemoglobin <10 g/dl, OR capillary refill > 2 seconds. | 2. Compromised Hypotensive for age OR hemodynamically unstable with position changes. | |
| Medical Devices | | | | |
| Number of Medical Devices | Score 1 point for each medical device* up to 8 (Score 8 points maximum) <i>*Any diagnostic or therapeutic device that is currently attached to or traverses the patient's skin or mucous membrane.</i> | | | |
| Repositionability/Skin Protection | 0. No Medical Devices | 1. Potential Problem All medical devices can be repositioned OR the skin under each device is protected. | 2. Problem Any one or more medical device(s) cannot be repositioned OR the skin under each device is not protected. | |
| | | | Total (≥ 13 considered at risk) | |

Copyright 2018 Martha A.Q. Curley



Made available under a Creative Commons Attribution-No Derivatives License (CC BY-ND 2.0)

Full terms of license available here: <https://creativecommons.org/licenses/by-nd/2.0/>