

Braden QD Scale				
Intensity and Duration of Pressure				Score
<b>Mobility</b> The ability to independently change & control body position	<b>0. No Limitation</b> Makes major and frequent changes in body or extremity position independently.	<b>1. Limited</b> Makes slight and infrequent changes in body or extremity position <b>OR</b> <u>unable</u> to reposition self independently (includes infants too young to roll over).	<b>2. Completely Immobile</b> Does not make even slight changes in body or extremity position independently.	
<b>Sensory Perception</b> The ability to respond meaningfully, in a <b>developmentally</b> appropriate way, to pressure-related discomfort	<b>0. No Impairment</b> Responsive <b>and</b> has no sensory deficits which limit ability to feel or communicate discomfort.	<b>1. Limited</b> Cannot always communicate pressure-related discomfort <b>OR</b> has some sensory deficits that limit ability to feel pressure-related discomfort.	<b>2. Completely Limited</b> Unresponsive due to diminished level of consciousness or sedation <b>OR</b> sensory deficits limit ability to feel pressure-related discomfort over most of body surface.	
Tolerance of the Skin and Supporting Structure				
<b>Friction &amp; Shear</b> <i>Friction:</i> occurs when skin moves against support surfaces <i>Shear:</i> occurs when skin & adjacent bony surface slide across one another	<b>0. No Problem</b> Has sufficient strength to completely lift self up during a move. Maintains good body position in bed/chair at all times. Able to completely lift patient during a position change.	<b>1. Potential Problem</b> Requires <b>some</b> assistance in moving. Occasionally slides down in bed/chair, requiring repositioning. During repositioning, skin often slides against surface.	<b>2. Problem</b> Requires <b>full</b> assistance in moving. Frequently slides down and requires repositioning. Complete lifting without skin sliding against surface is impossible <b>OR</b> spasticity, contractures, itching or agitation leads to almost constant friction.	
<b>Nutrition</b> <i>Usual</i> diet for age – assess pattern over the most recent 3 consecutive days	<b>0. Adequate</b> Diet for age providing <b>adequate</b> calories & protein to support metabolism and growth.	<b>1. Limited</b> Diet for age providing <b>inadequate</b> calories <b>OR</b> <b>inadequate</b> protein to support metabolism and growth <b>OR</b> receiving supplemental nutrition any part of the day.	<b>2. Poor</b> Diet for age providing <b>inadequate</b> calories and protein to support metabolism and growth.	
<b>Tissue Perfusion &amp; Oxygenation</b>	<b>0. Adequate</b> Normotensive for age, & oxygen saturation $\geq 95\%$ , & normal hemoglobin, & capillary refill $\leq 2$ seconds.	<b>1. Potential Problem</b> Normotensive for age <b>with</b> oxygen saturation $<95\%$ , <b>OR</b> hemoglobin $<10$ g/dl, <b>OR</b> capillary refill $> 2$ seconds.	<b>2. Compromised</b> Hypotensive for age <b>OR</b> hemodynamically unstable with position changes.	
Medical Devices				
<b>Number of Medical Devices</b>	<b>Score 1 point for each medical device* up to 8 (Score 8 points maximum)</b> <i>*Any diagnostic or therapeutic device that is currently attached to or traverses the patient's skin or mucous membrane.</i>			
<b>Repositionability/Skin Protection</b>	<b>0. No Medical Devices</b>	<b>1. Potential Problem</b> All medical devices can be repositioned <b>OR</b> the skin under each device is protected.	<b>2. Problem</b> Any one or more medical device(s) <b>cannot</b> be repositioned <b>OR</b> the skin under each device is not protected.	
			<b>Total</b> <b>(<math>\geq 13</math> considered at risk)</b>	