

## Braden QD Scale

<i>Intensity and Duration of Pressure</i>				Score
<p><b>Mobility</b></p> <p>The ability to independently change &amp; control body position</p>	<p><b>0. No Limitation</b> Makes major and frequent changes in body or extremity position independently.</p>	<p><b>1. Limited</b> Makes slight and infrequent changes in body or extremity position <b>OR</b> <u>unable</u> to reposition self independently (includes infants too young to roll over).</p>	<p><b>2. Completely Immobile</b> Does not make even slight changes in body or extremity position independently.</p>	
<p><b>Sensory Perception</b></p> <p>The ability to respond meaningfully, in a <b>developmentally</b> appropriate way, to pressure-related discomfort</p>	<p><b>0. No Impairment</b> Responsive <b>and</b> has no sensory deficits which limit ability to feel or communicate discomfort.</p>	<p><b>1. Limited</b> Cannot always communicate pressure-related discomfort <b>OR</b> has some sensory deficits that limit ability to feel pressure-related discomfort.</p>	<p><b>2. Completely Limited</b> Unresponsive due to diminished level of consciousness or sedation <b>OR</b> sensory deficits limit ability to feel pressure-related discomfort over most of body surface.</p>	
<i>Tolerance of the Skin and Supporting Structure</i>				
<p><b>Friction &amp; Shear</b></p> <p><i>Friction:</i> occurs when skin moves against support surfaces</p> <p><i>Shear:</i> occurs when skin &amp; adjacent bony surface slide across one another</p>	<p><b>0. No Problem</b> Has sufficient strength to completely lift self up during a move. Maintains good body position in bed/chair at all times. Able to completely lift patient during a position change.</p>	<p><b>1. Potential Problem</b> Requires <b>some</b> assistance in moving. Occasionally slides down in bed/chair, requiring repositioning. During repositioning, skin often slides against surface.</p>	<p><b>2. Problem</b> Requires <b>full</b> assistance in moving. Frequently slides down and requires repositioning. Complete lifting without skin sliding against surface is impossible <b>OR</b> spasticity, contractures, itching or agitation leads to almost constant friction.</p>	
<p><b>Nutrition</b></p> <p>Usual diet for age – assess pattern over the most recent 3 consecutive days</p>	<p><b>0. Adequate</b> Diet for age providing <b>adequate</b> calories &amp; protein to support metabolism and growth.</p>	<p><b>1. Limited</b> Diet for age providing <b>inadequate</b> calories <b>OR</b> <b>inadequate</b> protein to support metabolism and growth <b>OR</b> receiving supplemental nutrition any part of the day.</p>	<p><b>2. Poor</b> Diet for age providing <b>inadequate</b> calories and protein to support metabolism and growth.</p>	
<p><b>Tissue Perfusion &amp; Oxygenation</b></p>	<p><b>0. Adequate</b> Normotensive for age, &amp; oxygen saturation <math>\geq 95\%</math>, &amp; normal hemoglobin, &amp; capillary refill <math>\leq 2</math> seconds.</p>	<p><b>1. Potential Problem</b> Normotensive for age <b>with</b> oxygen saturation <math>&lt;95\%</math>, <b>OR</b> hemoglobin <math>&lt;10</math> g/dl, <b>OR</b> capillary refill <math>&gt; 2</math> seconds.</p>	<p><b>2. Compromised</b> Hypotensive for age <b>OR</b> hemodynamically unstable with position changes.</p>	
<i>Medical Devices</i>				
<p><b>Number of Medical Devices</b></p>	<p><b>Score 1 point for each medical device* up to 8 (Score 8 points maximum)</b> <i>*Any diagnostic or therapeutic device that is currently attached to or traverses the patient's skin or mucous membrane.</i></p>			
<p><b>Repositionability/Skin Protection</b></p>	<p><b>0. No Medical Devices</b></p>	<p><b>1. Potential Problem</b> All medical devices can be repositioned <b>OR</b> the skin under each device is protected.</p>	<p><b>2. Problem</b> Any one or more medical device(s) <b>cannot</b> be repositioned <b>OR</b> the skin under each device is not protected.</p>	
			<p><b>Total</b> (<math>\geq 13</math> considered at risk)</p>	